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Community Bank
Mount Beauty & District



UPPER MURRAY

AGRICULTURAL FIELD DAYS

WEDNESDAY 6TH & CO22
THURSDAY 7TH APRIL 2022

AT OLD CORRYONG SCHOOL SITE Enter via Donaldson Street

FEATURING ~

INDUSTRY PROFESSIONALS

DISPLAYS

OVER 30 TRADE EXHIBITORS

STALLHOLDERS

WORKSHOPS, SPEAKERS, TRAINING SESSIONS

\$5 RAFFLE TICKET ENTRY KIDS FREE

DAVID MACKERETH'S

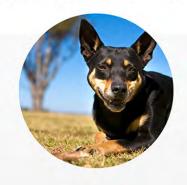
WORKING DOG TRAINING SCHOOL

OPENING HOURS:

9AM - 6:30PM

9AM - 5PM

WEDNESDAY THURSDAY



LIVE PERFORMANCE

KEVIN SULLIVAN SHOW

BLUNDSTONE BOOT THROWING COMPETITION





WOOD CHOP DEMONSTRATIONS
NORTH EAST & BORDER
AXEMAN'S ASSOC



zoetis

FOR ANIMALS, FOR HEALTH, FOR YOU



CAMP OVEN COOKING

DEMONSTRATIONS

RANGER NICK





McGREGOR MACHINERY 0 0

ALL ENQUIRIES

Phone - 02 6076 1992

Email - festivalebushfestival.com.au



PROGRAM

WEDNESDAY 6TH APRIL

Exhibitors Open from 9am

Working Dog Training School with David Mackereth

Wood Chop Demonstrations - 10am, 12, 2pm and 4pm daily

Blundstone Boot Throwing Competition (Ag Warehouse trade site)

Ranger Nick - Bush Camp Oven Cooking Show 10.30am, 12.30 & 3pm

> Kevin Sullivan Stage Show 5pm -6.30pm

Workshops throughout the day See sign board at Field Days entry

THURSDAY 7TH APRIL

Exhibitors Open from 9am

Working Dog Training school with David Mackereth

Wood Chop Demonstrations - 10am, 12, 2pm and 4pm

Blundstones Boot Throwing Competition (Ag Warehouse trade site)

Workshops throughout the day

Exhibitors

Kiewa Mitta Murray Community Enterprises Ltd - Bendigo Bank

Agriprove - Carbon Farming & Carbon Credits

AgBiz Assist - State & Federal Funding Rural Finance Consulting Ag Warehouse - Rural Supplies; Clothing & Camping Equipment

Agriculture Victoria - inc NECMA, DELWP, Mitta Murray Landcare.

Local Landcare Services, Towong Shire Council

AgriWeb - Farm Software (Costello Rural Stand) Alpacasa - Alpaca Knits

Australian Knitting Mills - Oil Skin Gear Best Farming Systems - Soil Health, Bio Seed Blundstone Boots - Boot Throwing Competition

Brazzen Australia - Fencing Panels, Yards & Animal Shelters

Brew Ag Pty Ltd - Simmental/SimAngus

Bushfire Recovery Victoria - inc Rural Aid, The Orange Door, Early Childhood, Arts Start Here, Centre Against Violence,

Blue Chai - Arcylic & Wooden Laser Cut Earrings, Cake Toppers

Corryong Health

Carliegh's Aboriginal Art Cards & Gifts

Cadmac - New Holland & Toro

Challambi Charolais - Charolais Cattle

Clipex - Fencing & Stockyards

Costello Rural - Rural Supplies (inc AgriWeb, Elanco & Farm Bot)

Damm's Auto & Diesel Repairs - Husqvarna, Kuhn & Agrowdrill

Dream Linen & Gifts - Handmade Cushions, Mats, Ouilt Covers

Elanco Aust Pty (Bayer) - Animal Health (Costello Stand) Fair Air Masks - Designed for Bush Fire Conditions

Farm Bot - Water Monitoring System (Costello Stand)

Good Shepherd - Rural Finance Loans Assistance

Gilmore Valley Grove - Extra Virgin Olive Oil

Indigo Power Ltd - Supply & Install of Energy Systems (Public)

Community Scale, Heat Pumps to Residence

Intersales Wodonga - Case Tractors & Allied Machinery

Kiewa Mitta Murray Community Enterprises Ltd - Bendigo Bank

McGregor Machinery - Deutz Tractors

Mildren & Coysh - CFMoto Australia UTVs & ATVs, Pentair Pumps,

Silvan Pump and Spray Equipment

Mondo - Ausnet - Specialist Renewable Energy Systems

Murray Dairy - Dairy Australia

North East Genetics - Artificial Insemination

RJ Doran - "Call of the Kimberley's" Book Promotion

Roger C Brown - Stihl Chainsaws, Honda ATVs, Kubota Mowers Rotor Solutions - Helicopter Ag Spraying, Seeding & Fertiliser

Victorian Farmers Federation - Farm Safety

Virbac - Animal Health Zoetis - Animal Health

WORKING DOG TRAINING SCHOOL

with David Mackereth

Two X 1-day Training Workshops for 10 participants (and their dogs)

Demonstrating foundational skill development for working dogs

To participate - register by emailing festival@bushfestival.com.au



Sunrise Catering Co - Pulled Pork Rolls, Chips, Nachos Piggy's Ice-cream - Soft Serve Ice-creams Le Crepe Mobile - Crepe's with fruit/cream/ice-cream

Vinbar - Bar with local tap beer, wines, ciders, cocktails & mocktails Corryong College - Coffee Cart













5 Kendall Street, Wodonga Phone: (02) 6061 4390 El: admin.aw@intersales.com.au





1 coupon provides access for 2 Adults & 2 children (under 18). Present this coupon at Main Gate on Thursday with ID showing your local postcode. Eg drivers licence or rates notice.

QR Check-in

Proof of double vaccination required

LOCALS FREE THURSDAY

VALID FOR UPPER MURRAY AG FIELD DAYS & MFSR



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Develop your working dogs' skills

Kelly Barnes knew her 14-year-old farm working kelpie, Dugald, was a mate but never guessed he'd spark a program to tackle mental health struggles in farming communities.

"He's just been everywhere with me, my constant companion and workmate," says Barnes, who worked on farms as a livestock contractor across Australia after migrating from England in 2007.

Since he was a pup, Dugald went farm to farm with Barnes on mustering, drenching, lamb marking and shearing jobs – his skills a valuable asset enabling the pair to get more work.

That was, until Barnes developed a chronic pain condition, diagnosed in 2015 as fibromyalgia. Dugald too slowed down after being hit by a car, leaving him "a bit hobbly and with a bandy leg.".

"It was quite funny. He and I just used to sit on the couch and have afternoon naps and hobble around together," recalls Barnes, Victoria's state winner in this year's Agrifuture's Rural Women's Awards.

That's when she conceived the idea for Mates Working Dog Training School, drawing on her realisation of just how much of a "rock" her dog had been – both as a physical workmate and a mental companion as she struggled with the transition into less labour intensive off-farm work.

Kicking off as a pilot in January in Dunkeld, around 280km west of Melbourne, participants of Barnes' working dog training school attend six, day-long sessions over six months with a professional dog handling trainer, Ian O'Connell.

But, Barnes explains, the program aims to produce much more than just upskilled canines.

"Basically, the dog training is the hook to get people in," she says.

"Then amongst the day full of training, I sneak in discussions about different resilience topics, like working with different personality types or dealing with stressful situations or the way nutrition affects how you feel – and sort of relate it all back to the dogs.

"It's a nice way of introducing some of those topics,



Kelly Barnes with her dogs, Jess and Dugald. (Lauren Hay, Hamilton Spectator).

especially for people that are not really interested or find it uncomfortable."

She says the program's true value is in getting people off farm and into a like-minded group to create new social connections.

"It's creating those little pockets of people that they can call on if they need to and for some of them, just getting off farm and into a group, while learning to use their dogs better, is enough to benefit them without them even realising," she says.

Dr Alison Kennedy, a behavioural scientist and acting director for the National Centre for Farmer Health, says the program is "incredibly insightful" and has great potential to benefit many people in farming communities.

"Kelly's created this very practically focused program that ties in with farming culture ... so it takes a lot of the stigma away that's often associated with mental health programs and presents it in a really approachable way," Dr Kennedy says

Having spent more than a decade focused on farmer mental health and suicide prevention in Victoria's rural farming community, Dr Kennedy says despite the inroads made, situational factors such as social and geographic isolation, drought, fires and floods and a lack of mental health professionals (and anonymity) in small towns – put farming communities at higher risk of poor mental health. In some areas, suicide rates are up to twice that of the general population.

"We are getting better at understanding and talking about the risks to mental health in our farming communities, but there are some very strongly entrenched cultures...which means it does take a lot of effort over a sustained period of time to really make significant changes," Dr Kennedy says.

An independent evaluation of the program by the National Centre for Farmer Health found while some participants were surprised that mental resilience topics were tied in with the dog training, they recognised how beneficial it was for their wellbeing and had already started to apply what they learnt in other areas of their life.

Another participant Dr Jo Ward, a livestock vet based in Coojar, agreed the program opened doors to wellbeing conversations that some participants may not otherwise have had, while bonding over their dogs.

Based on the success of the pilot, Barnes has a waitlist for future school intakes and is working towards rolling-out a refined program from this year. Over time, she hopes it will be replicated in other rural communities around the country.

"Every famer has a dog, often they have a team of dogs, and if they can learn to use them as a resource to help with their mental health, I think it can be valuable."

Barnes will be running some workshops and chatting with people throughout the two days of the Ag Field Days.

(Excerpts from a story written by Emma Foster and first published in Westpac Wire).

Community Bank – Mount Beauty & District congratulates the organisers of Upper Murray Agricultural Field Days on their exciting community initiative.

For all your banking needs and consultations with specialist financial advisers, contact our Senior Manager Shelley Maher on 0499 544 485 or email shelley.maher@bendigoadelaide.com.au

Appointments are available at a mutually convenient time and location including our Business Service Centre in Corryong or at our Mount Beauty banking premises at 28 Hollonds Street, Mount Beauty.

Community Bank
Mount Beauty & District



Proud sponsors of

UPPER MURRAY

AGRICULTURAL FIELD DAYS 2022

See what's on offer in your backyard

The inaugural MFSRBF Agriculture Field stallholders and refreshment providers. Days will bring together farmers, agricultural professionals, suppliers, workers, grain end users, local leaders and youth with existing and new farming enterprises, machinery, equipment, technologies and techniques, together with

Conducted on the former Corryong Consolidated School site, the Field Days comprise a host of exhibitors displaying and showcasing the diverse range of products and services available within the Upper Murray.

Working cooperatively with Bushfire Recovery Victoria (BRV) personnel the Field Days will also be used to build local capacity by incorporating workshops, speakers and training opportunities for locals. Full conference facilities are available to exhibitors.

Good Shepherd

Learn more about what **Good Shepherd has to** offer at Site #4 at the **Ag Field Days:**

- No interest loans
- Financial coaching
- Free online workshops
- Starting your own business
- Support for existing businesses See Nikki and Millie to discuss how Good Shepherd can help you

www.goodshep.org.au

Take time out to recharge

River Bush Festival (MFSRBF) Board has partnered with Towong Shire Council and Bushfire Recovery Victoria (BRV) to host a Recharge and Reconnect (R&R) tent with partner agencies as part of its inaugural Agricultural Field Days event.

"The last couple of years have been tough on the Upper Murray farming and agricultural business sector and it takes strength and resilience to keep going after such trying times," said festival manager, Jennifer Boardman.

"The R&R tent will offer a place where kids can play and friends and family can try new ways to recharge and reconnect, as well as find lots of information to support wellbeing.

To complement the R&R tent, Towong Shire Council and BRV will provide Working Dog Training workshops during the Field Days.

David Mackereth is offering two, oneday training workshops for 10 participants to demonstrate foundational skill development for working their dogs. David will also demonstrate the skills of his working dogs at lunchtime.

"Success with herding dogs starts and ends with teamwork," he maintains.

David's primary motivation is to develop a successful working partnership with his dogs.

"To work well you have to constantly ground yourself to the things that



are important for the dog, and the realisation that you cannot run before you can walk," he said.

David will bring his champion workking dog, Shep, to the 2022 Upper Agriculture Murray Field Days. The pair has competed successfully in the trialling world including the three-sheep

event at the Seymour Championships.

Kelly Barnes, AgriFutures Rural Women's Award Victoria recipient, will also be at the R&R tent.

Kelly's love for dogs and personal experience with chronic pain and mental health led her to develop Mates Working Dog School. The school builds low stress, stock handling skills creates a strong bond between dogs and their owners. Kelly will also be running some workshops throughout the two days.

Register for the David Mackereth workshops at https://workingdog. eventbrite.com.au.

🦈 Smart Banking



27th Annual Tallangatta Farming Expo

Tallangatta Showgrounds April 21st

EXHIBITORS SHOWCASING GENERAL FARMING, SUSTAINABLE FARMING & SUSTAINABLE LIVING, MARKET AND PRODUCE STALLS - PLUS MUCH MORE!



New innovations Plant & Equipment Over 100 Exhibitors

5 Lucky Gate Prizes to the value of \$50 each.

Raffle with \$1000 worth of lubricants courtesy of North East Oils

Something for Everyone A FUN DAY FOR ALL



Site registration forms and competition entry details available by emailing tallangattaexpo@gmail.com or phone 0417 294 234

Sponsors: RSA, North East Oils, WAW, Towong Shire, Rotary Club of Tallangatta

Aerial experts focus on recovery

The Man From Snowy River Bush Festival is back this year with a bang and Rotor Solutions is again proud to be a sponsor of the show as well as an exhibitor at the inaugural Upper Murray Agricultural Field Days.

Rotor Solutions is the premier aerial application specialist of the wider region and their team is committed to continual support of the communities who have been hit so hard by drought, fires and the pandemic.

Rotor Solutions general manager, Monique Acton-Adams, is always happy to see events get back on their feet since covid.

"Sponsoring local events is vital to keep communities alive and thriving," she said.

"The bush festival is just one way we can connect with our customers, meet some new people and support the region. The agricultural sector has boomed in the past two years, the rains have been amazing and farmer confidence is high.

"Events like this bring more people to the region and help the smaller businesses who might not be agricultural based as well."

The past few years, Rotor Solutions support for the Upper Murray region has spread far including the bush festival, Cudgewa Football Netball Club, Fencing for Fires, the Upper Murray Beef Producers evening and the Rise from the Ashes Relief Concert, just to name a few.

Always seeking out better knowledge, new technologies and ideas, last week Rotor Solutions sponsored and exhibited at the 21st NSW and Victorian Weeds Conference, held in Albury.

With a focus on recovery, the conference showcased the latest research and ideas for managing the establishment, impact and spread of weeds.

"The weeds conference has always been a great tool for us to stay on top of what is really happening in a sector that we



are so heavily involved with," Monique said.

"Day in, day out, we are helping farmers minimise the impact and stop the spread of weeds to ensure they are getting the best out of their land."

"The conference is all about learning what others are doing, discovering new techniques and showcasing our skills. However, a huge part is pushing to change the perception of helicopter application. Gone are the days where there was an excuse for poor piloting, poor equipment and poor results.

"Our focus is precision application, no matter what the application.

"Now is the time to be thinking about your aerial spraying, fertiliser and seeding needs for the 2022 season," Monique added.

Visit Rotor Solutions at the Ag Field Days to discuss all your aerial needs - right next to the front gate, you can't miss them

www.rotorsolutions.com.au



UPPER MURRAY LANDCARE NETWORK INC.







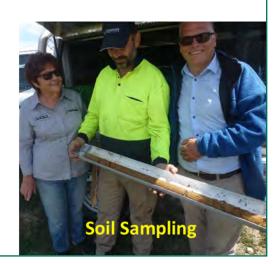












Landcare lends a recovering hand

Upper Murray Landcare has been supporting landholders in bushfire recovery for the past two years.

On request, via an Expression of Interest, a property inspection is carried out to assess onground works required to begin the restoration and recovery the landholder

wants to undertake.

All land management works are considered, mapped and measured and funding assistance is sought to commence the rehabilitation process.

To date, 172 landholders have received assistance with land management issues including fencing

and revegetation of waterways and gullies, erosion management, blackberry control and re-establishment of shade and shelter. In 2020 erosion control materials were distributed to help protect domestic water supplies from ash and debris.

Despite pandemic restrictions, some events have been possible including two bird walks by Sean Dooley and the establishment of a Birds on Farms program with six participating land holders.

Botanists from the Royal Botanic Gardens were funded to conduct two flora assessments in Burrowa Pine Mountain National Park. The results of the surveys will be discussed at a public event in spring 2022.

The Colac Colac bike path has been replanted by a committed group of volunteers between the lockdowns and with the assistance of a Parklands Albury Wodonga team, landholders were able to repair or re-install exclusion fences and get their plantings done.

An informative field day was held in 2020 to introduce new technology

to the continuing battle with blackberry. Hunter Precision Ag delivered a demonstration of the use of drone technology and remote controlled mulcher on difficult to access terrain. Another field day will be held in spring.

A Smart Farms soil health demonstration site is in its second year and coming up is a healthy soils and carbon project funded by Bushfire Recovery Victoria (BRV). Expressions of interest are being sought from landholders to access a farm visit, planning session, free soil testing and information about requirements for registering for carbon credits.

The Landcare
Network and the North
East Blackberry Action
Group have successfully
applied for and received

funding for biodiversity restoration, remnant protection, property assessments, healthy soil demonstrations, carbon market information sessions, weed control and nature based events.

State and Commowealth governments, BRV, Landcare Australia and the North East Catchment Management Authority have provided grant opportunities.

Agriculture Victoria, Parks Victoria, Parklands Albury Wodonga, Lions, and Victorian Fisheries have partnered with the tireless group of volunteers and Landcare staff to enable the assistance to be delivered.

For more information about how Landcare can help you visit the stall at the Upper Murray Agricultural Field Days.



